

## Transforming the Lives of Children with Special Needs with the Anat Baniel Method<sup>SM</sup>:

A Half-Day Workshop for Professionals and Parents  
provided by ABM Practitioners, Ann St. Clair & Carole Keefe, D.P.M.



**WHEN:** Sat., May 2, 2015 9:00a to 1:00p —Registration begins at 8:30am  
**WHERE:** St. Francis School - 300 E. Huntland Dr., Austin, TX 78752  
**COST:** *Early Bird:* Before April 25: \$45 *Regular Price:* After April 25: \$60  
**FREE with every registration:** *Anat Baniel's groundbreaking book, [Kids Beyond Limits](#)*

**\*\*Register Now:** <https://squareup.com/market/Children-special-needs-workshop>\*\*

The *Anat Baniel Method<sup>SM</sup> (ABM)* is a science-based, breakthrough approach that focuses on the brain and its remarkable ability to change and learn, known as brain plasticity. The method uses movement and ABM's [Nine Essentials](#), tools defined by neuroscience research that provide information to the brain to help children with special needs achieve improvements in limitations resulting from conditions including autism, Asperger's syndrome, ADD/ADHD, cerebral palsy, Down Syndrome, stroke, trauma, and developmental disorders.

With this gentle approach we do not focus on the child's limitations or on developmental milestones the child may not be ready to achieve. Instead, the method wakes up the child's brain to create new connections, often at a staggering rate, leading to spontaneous, often extraordinary breakthroughs in movement, thinking, self-regulation and connection with others.

This half-day workshop, led by Austin ABM practitioners, Ann St. Clair and Carole Keefe, will deepen your understanding of the *Anat Baniel Method<sup>SM</sup>* and inspire you to start using the techniques immediately. Different from common rehabilitation, fitness practices, and approaches to helping children with special needs in their development, the *Anat Baniel Method<sup>SM</sup>* involves a significant shift in the way we think of ourselves as human beings, replacing the traditional model of people as a mechanical system with the view of people as *intelligent, information-based systems* moderated by the brain.

At the workshop, Ann and Carole will introduce you to innovative theory and practice for breakthrough outcomes with children. Professionals can apply the *Anat Baniel Method<sup>SM</sup>* concepts and techniques in their practice or in the classroom and parents may incorporate them into their everyday interactions with their child.

To learn more about the *Anat Baniel Method<sup>SM</sup>*, please visit <http://www.anatbanielmethod.com/>.

For more about Carole Keefe: <http://carolekeefe.com/>

For more about Ann St. Clair: <http://www.austinmindfulmovement.com/>

For Workshop Information: Contact Jackie Bresie, 510.219.4578 or [jackiebresie@yahoo.com](mailto:jackiebresie@yahoo.com)